



Checklist

Practical tips

- ☐ What are they going to wear?
- ☐ Can they use everything? (new buckles, shoe laces etc)
- ☐ Create a checklist to pack their bags (for example)
 - ☐ What goes in their bag
 - ☐ Drink bottle
 - ☐ Lunch box
 - ☐ Hat
 - ☐ Money
 - ☐ Myki
 - ☐ Laptop or ipad
 - ☐ Charger
 - ☐ Books
 - ☐ Pencil case

Do some test runs

What can you practise ahead of time?

- ☐ Getting to school if it's a new route
- ☐ Packing their own lunch if that's something they're going to do independently
- ☐ Packing their bag

First Week Checklist:

- ☐ Pack a yummy lunch
- ☐ Plan what is for breakfast
- ☐ Get a good night's sleep
 - ☐ No devices in bed
 - ☐ No TV in bed



Do you have all

- ☐ The school books
- ☐ Stationery
- ☐ Correct uniform
- ☐ Diary
- ☐ Do you have a way of telling the time so you can be organised?
- ☐ What date is your first day of high school?
- ☐ Has your school given you a book and stationery list?

If you don't have a stationary list here are some items you should take with you on your first day:

- ☐ Student diary
- ☐ 2 blue pens
- ☐ 1 red pen
- ☐ 1 pencil
- ☐ 1 eraser
- ☐ 1 A4 lined exercise book
- ☐ Laptop or tablet

School uniform

- ☐ Have you got your school uniform?
- ☐ Remember you will have sports days in high school, so make sure you have your PE uniform too!
- ☐ Jump onto your new high school's website to check out uniform guidelines.

Travel Tips

- ☐ Do you know where your new school is?
- ☐ What time do you need to be at school on your first day?
- ☐ What time do you need to set your alarm in the morning?
- ☐ Will you get there by tram, train, bus, bike, car or on foot?
- ☐ Do you have your Myki travel concession card?



Important people

- ☐ Do you know where the wellbeing team is?
- ☐ Do you know where the canteen is and how to get lunch? What's your school's process?
- ☐ Do you know where the sick bay & school nurse are located?
- ☐ Do you know where the library is?
- ☐ Where can you play during recess and lunch?

Parents

- ☐ Do you know where to get information?
- ☐ Does your school use Compass or newsletters to communicate?
- ☐ Do you know how to contact the teachers?
- ☐ How to report an absence?
- ☐ Where to go for the school uniform
- ☐ Where to go for books
- ☐ Who to talk to if you have any questions or concerns?

Checking in with them during the first week of school

Over the first week take some time to go over this list and see how your child is going.

- ☐ What does your classroom look like?
- ☐ Do you have a regular seat in the classrooms?
- ☐ What did you like about school today?
- ☐ Did you make any new friends?
- ☐ Is there anything you didn't like about school today?

